

Residential Programs

Maximum Amounts of Items to Bring to Treatment

This is a **temporary** residence, space is limited and we cannot offer any individual storage space. Listed below is the **maximum number** of items you're permitted to bring into the Residential House. Items must fit into 2 bags: 1 large bag/luggage and 1 small bag because of limited space for personal belongings.

Clothing

- **A maximum of 14 outfits in any combination of clothing or approximately 2 weeks' worth of clothing. Laundry facilities are available.**
- Shorts- none above the knee
- Pants/Jean- no distressed jeans
- Shirts- no offensive language/designs, no revealing clothing including mesh, exposed midriff, or tank tops
- 1 jacket or hooded sweatshirt- no offensive language or designs
- 1 business outfit for job search
- 15 pairs of undergarments (underwear, bras, etc.)
- 10 pairs of socks
- 3 pairs of shoes

Toiletries (Limited Quantities Only)

- Toothpaste/Mouthwash (alcohol free)
- Toothbrush
- Soap/Bodywash/Face wash (the first 2 active ingredients must not indicate alcohol)
- Razors
- Deodorant
- Shampoo & Conditioner
- Feminine Hygiene Products (if applicable)
- Blow Dryer/Hair Straightener
- Cologne or Perfume (no glass bottles, alcohol free)
- Shaving Cream

Bath Items

- 2 Bath Towels
- 2 Wash Cloths

Bedding

- 1 pillow
- 2 sets of twin sheets
- 1 Blanket/Comforter

Miscellaneous

- 1 clear or mesh backpack, tote bag and/or wallet
- Make-Up that fits into 1 cosmetic bag (if applicable)
- 3 books of literature
- 3 mementos (pictures, cards, etc. – no stuffed animals)
- Keychain/lanyard
- Alarm clock
- MP3 Player with headphones (approved to have when phase appropriate in program)
- Treatment work supplies: 1 notebook, 1 pack of pens/pencils/folders/journal/hand calendar/paper

Documentation (if available)

- Driver's License
- Birth certificate
- Social security Card
- Food Stamps Card (must be turned in at admission if applicable)

Ascensa Health reserves the right to remove any items considered to inappropriate, harmful or contraband regardless of categorization above.