

Withdrawal Management (Detox)

Maximum Amounts of Things to Bring to Treatment

This is a **temporary** residence, space is limited and we cannot offer any individual storage space. Listed below is the **maximum number** of items you're permitted to bring into Withdrawal Management (Detox). Items must fit into 2 bags: 1 large bag/luggage and 1 small bag because of limited space for personal belongings.

Clothing

- 4 pairs of pants
- 4 shirts
- 1 jacket or hooded sweatshirt
- 2 pajama bottoms
- 2 pajama tops
- 5 pairs of undergarments (underwear, bras, etc.)
- 5 pairs of socks
- 2 pairs of shoes

Toiletries (limited quantities and only Alcohol-Free toiletries allowed)

- Toothpaste
- Toothbrush
- Lotion
- Deodorant
- Shampoo and Conditioner
- Feminine Hygiene products
- **Disposable razors can be provided**

Bath items

- 2 Bath towels
- 2 Wash cloths

Miscellaneous

- 2 Books or other literature
- 2 mementoes (pictures, cards, etc. – no stuffed animals)

Documentation (if available)

- Driver's License, photo ID, birth certificate, and/or social security card
- Food Stamps Card
- **If applicable:**
 - You must bring a 15-day supply of any prescription medication and medication list from prescribing physician
 - You must bring documentation of any medical or mental health diagnoses from a licensed professional
 - You must bring a recent negative TB card if there is any history of a positive TB test

Items You MAY NOT Bring With You

- Provocative or revealing clothing
- Clothing or accessories with inappropriate wording or images
- Large amounts of money, excessive makeup or jewelry
- Pornography
- Products containing alcohol (including mouthwash)
- Over the counter or sample medications
- Weapons of any kind
- Electronics or battery-operated items (including shavers)
- Food or drink of any kind

Ascensa Health reserves the right to remove any items it considers to be inappropriate, harmful, or contraband regardless of categorization above.