

Men's Residential Things to Bring to Treatment

Listed below are the **maximum amounts** of items that you are allowed to bring into the residence. Due to limited space, clients can only bring two bags: 1 large bag/luggage and one small bag. Clients who bring more than the amounts listed will have 1 day to store items off premises or dispose of them.

Clothing

- 14 sets of clothes max to include casual, work, athletic and sleepwear
- 1 jacket or hooded sweatshirt
- 10 pairs of underwear
- 10 pairs of socks
- 4 pairs of shoes

Toiletries (limited quantities and ONLY Alcohol-Free toiletries allowed)

- Toothpaste
- Toothbrush
- Razors
- Shaving cream
- Deodorant
- Shampoo and Conditioner
- Cologne

Bath Items

- 2 Bath towels
- 2 Wash cloths

Miscellaneous

- 1 clear backpack- must be CLEAR
- 7 books or other literature
- 5 mementoes (pictures, cards, etc.) NO stuffed animals
- Electronics and music devices are NOT allowed until approved by the clinical team (8+ weeks)

Documentation

- Driver's License, photo ID, birth certificate, and/or social security card (if available but not required)
- Food Stamps Card (if available but not required)
- COVID Vaccination Card (if available but not required)
- You MUST bring a 30-day supply of any prescription medication and medication list from prescribing physician, if applicable
- You MUST bring documentation of any medical or mental health diagnoses from a licensed professional, if applicable
- You MUST bring a recent negative TB card if there is any history of a positive TB test

Ascensa Health reserves the right to confiscate any items it considers to be inappropriate, harmful, or contraband regardless of categorization above.