Detox

Things to Bring to Treatment

Listed below are the **maximum amounts** of items that you are allowed to bring into the residence. Due to limited space, clients can only bring two bags: 1 large bag/luggage and one small bag. Clients who bring more than the amounts listed will have 1 day to store items off premises or dispose of them.

4 shirts 1 jacket or hooded sweatshirt 2 pajama bottoms 2 pajama tops 5 pairs of socks 2 pairs of shoes Toolthries (limited quantities and ONLY Alcohol-Free toiletries allowed) Toothpaste Toothbrush Lotion Deodorant Shampoo and Conditioner Feminine Hygiene products (NO tampons) ***Disposable razors can be provided** Bath items 2 Bath towels 2 Wash cloths 2 Documentation Driver's License, photo ID, birth certificate, and/or social security card (if available but not required) Food Stamps Card (if available but not required) COVID Vaccination Card (if available but not required) You MUST bring a 15-day supply of any prescription medication and medication list from prescribing physician, if applicable You MUST bring documentation of any medical or mental health diagnoses from a licensed professional, if applicable You MUST bring a recent negative TB card if there is any history of a positive TB test
□ 1 jacket or hooded sweatshirt □ 2 pajama bottoms □ 2 pajama tops □ 5 pairs of underwear □ 5 pairs of socks □ 2 pairs of shoes Toiletries (limited quantities and ONLY Alcohol-Free toiletries allowed) □ Toothpaste □ Toothbrush □ Lotion □ Deodorant □ Shampoo and Conditioner □ Feminine Hygiene products (NO tampons) ***Disposable razors can be provided** Bath items □ 2 Bath towels □ 2 Wash cloths Miscellaneous □ 2 Books or other literature □ 2 mementoes (pictures, cards, etc.) NO stuffed animals Documentation □ Driver's License, photo ID, birth certificate, and/or social security card (if available but not required) □ Food Stamps Card (if available but not required) □ COVID Vaccination Card (if available but not required) □ You MUST bring a 15-day supply of any prescription medication and medication list from prescribing physician, i applicable □ You MUST bring documentation of any medical or mental health diagnoses from a licensed professional, if applicable
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Items You MAY NOT Bring With You
□ Provocative clothing
☐ Clothing or accessories with inappropriate wording or images
☐ Large amounts of money, excessive makeup or jewelry
□ Pornography
□ Products containing alcohol (including mouthwash)
☐ Over the counter or sample medications
☐ Weapons of any kind
☐ Electronics or battery-operated items (including shavers)
□ Food or drink of any kind

Ascensa Health reserves the right to confiscate any items it considers to be inappropriate, harmful, or contraband regardless of categorization above.