

## Detox

### Things to Bring to Treatment

Listed below are the **maximum amounts** of items that you are allowed to bring into the residence. Due to limited space, clients can only bring two bags: 1 large bag/luggage and one small bag. Clients who bring more than the amounts listed will have 1 day to store items off premises or dispose of them.

#### Clothing

- 4 pairs of pants
- 4 shirts
- 1 jacket or hooded sweatshirt
- 2 pajama bottoms
- 2 pajama tops
- 5 pairs of underwear
- 5 pairs of socks
- 2 pairs of shoes

#### Toiletries (limited quantities and ONLY Alcohol-Free toiletries allowed)

- Toothpaste
- Toothbrush
- Lotion
- Deodorant
- Shampoo and Conditioner
- Feminine Hygiene products (NO tampons)

**\*\*Disposable razors can be provided\*\***

#### Bath items

- 2 Bath towels
- 2 Wash cloths

#### Miscellaneous

- 2 Books or other literature
- 2 mementoes (pictures, cards, etc.) NO stuffed animals

#### Documentation

- Driver's License, photo ID, birth certificate, and/or social security card (if available but not required)
- Food Stamps Card (if available but not required)
- COVID Vaccination Card (if available but not required)
- You **MUST** bring a 15-day supply of any prescription medication and medication list from prescribing physician, if applicable
- You **MUST** bring documentation of any medical or mental health diagnoses from a licensed professional, if applicable
- You **MUST** bring a recent negative TB card if there is any history of a positive TB test

#### Items You **MAY NOT** Bring With You

- Provocative clothing
- Clothing or accessories with inappropriate wording or images
- Large amounts of money, excessive makeup or jewelry
- Pornography
- Products containing alcohol (including mouthwash)
- Over the counter or sample medications
- Weapons of any kind
- Electronics or battery-operated items (including shavers)
- Food or drink of any kind

**Ascensa Health reserves the right to confiscate any items it considers to be inappropriate, harmful, or contraband regardless of categorization above.**