

# A Letter from our CEO

Dear Friends,

#### This letter is a tribute to our staff.



This year was met with unexpected challenges as we continued to navigate through the pandemic. As an agency we persevered, adapted and successfully managed the unknown. This took all of us working together to care for the health and safety of our clients and staff. I am incredibly grateful to our staff whose commitment to the clients we serve never wavered.

Because of our staff's dedication to our mission and the increased support from the community and our funding partners we accomplished the following:

- We received a 3-year accreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF)
- Newsweek Magazine named Ascensa Health's Men's Program as one of America's Best Addiction Treatment Centers
- We held our first 5KVirtual Walk Race for Recovery
- Ascensa Health was featured in Treatment Magazine
- We received the Partner Award from Federal Probation for our collaborative Outpatient Treatment Program
- John Dryman, Board Chair, received the Community Leadership Award featured in the Atlanta Business Chronicle

Throughout the years we've weathered many changes and challenges, and this last year was no exception. The ongoing COVID-19 pandemic has led to a surge in addiction and mental health needs across the nation. The Center for Disease Control and Prevention (CDC) reports that there were an estimated 93,331 drug overdose deaths in the US

"If you want to see the sunshine, you have to weather the storm."

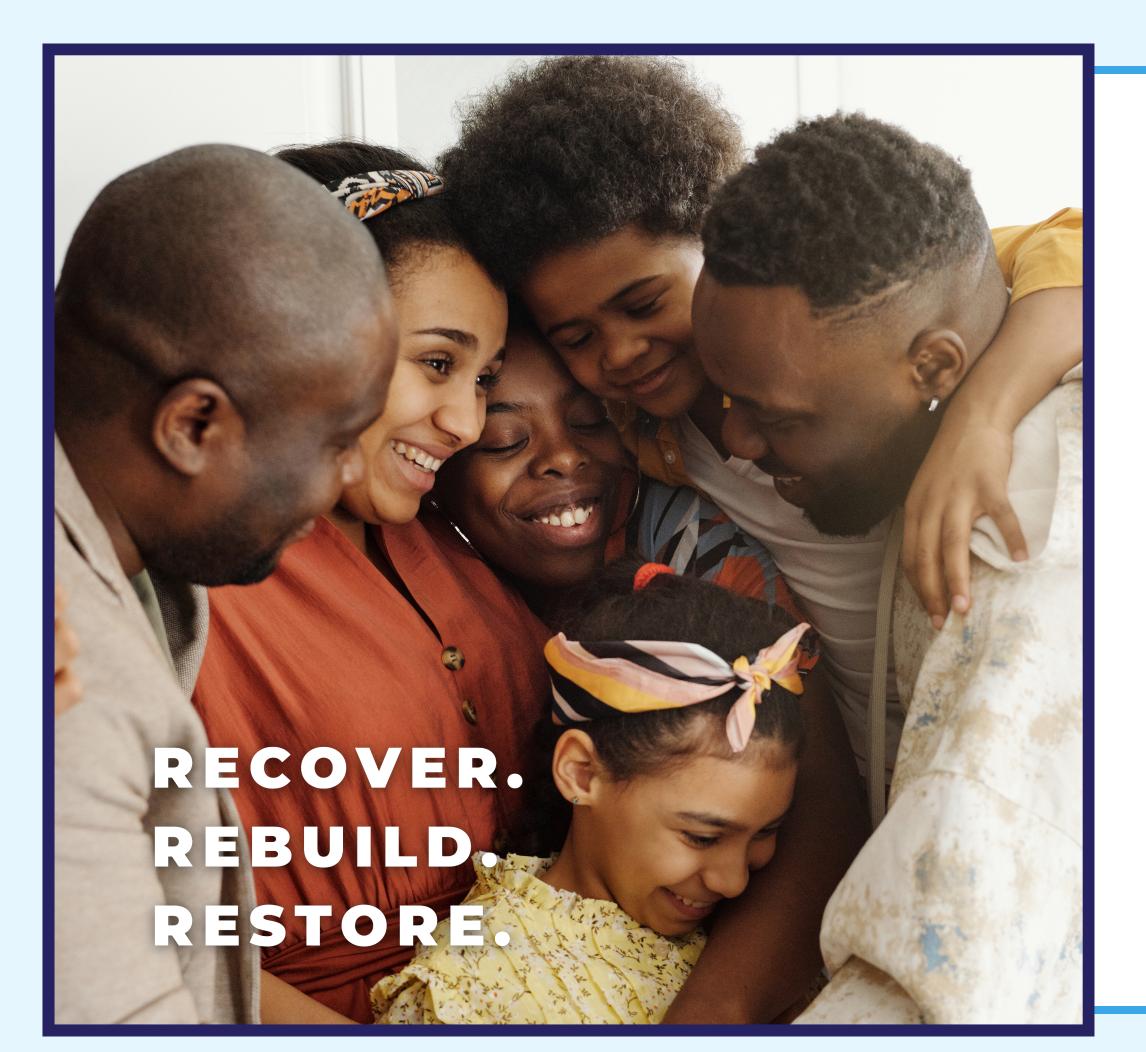
---Frank Lane, American Executive in Professional Baseball

in 2020. As we weathered the storm, we stayed true to our mission and did what we do best: offering help and hope to anyone seeking treatment for addiction and cooccurring mental health disorders... Recover. Rebuild. Restore.

To our staff, many thanks for your hard work and congratulations on a job well done. Having a hard working and reliable staff is a cornerstone to any business, and this organization is fortunate to have some of the best employees.

To our Board of Directors, thank you for your guidance, commitment and steadfast support. And to the Metro Atlanta community, thank you for nearly 60 years of support. With gratitude,

mane Suzanne Shaffer President & CEO



## About Us

### **OUR MISSION**

Ascensa Health provides a behavioral health system of care that sustains recovery and returns individuals to their communities and families.

### WHAT WE DO

Ascensa Health's services are based on the belief that addiction is a disease and that treatment must focus on the whole person. The agency uses an evidence based approach that addresses substance abuse as well as mental, behavioral, and physical health.

## WHO WE SERVE

Ascensa Health is open to anyone seeking treatment for addiction and co-occurring mental health disorders. Clients of Ascensa Health are lowincome men and women, veterans and families with children. Many are experiencing homelessness, do not have health insurance, and cannot afford treatment.



# Our History

For 59 years, Ascensa Health at St. Jude's Recovery Center has provided treatment for the disease of addiction and co-occurring mental health disorders, helping individuals and families rebuild their lives to become healthy, selfsufficient, and productive. In 2020, the agency began doing business as Ascensa Health. Ascensa Health was founded in 1962 as a halfway house in Atlanta to address the rising problem of chronic alcoholic court offenders in the community. Today, Ascensa Health is an accredited and licensed treatment center that is steadfastly committed to adhering to the highest standards of service delivery.

# Financial Highlights

Ascensa Health owns and operates eight facilities in Metro Atlanta, and consistently operates with a balanced budget and is debt free.



# Our Programs and Services

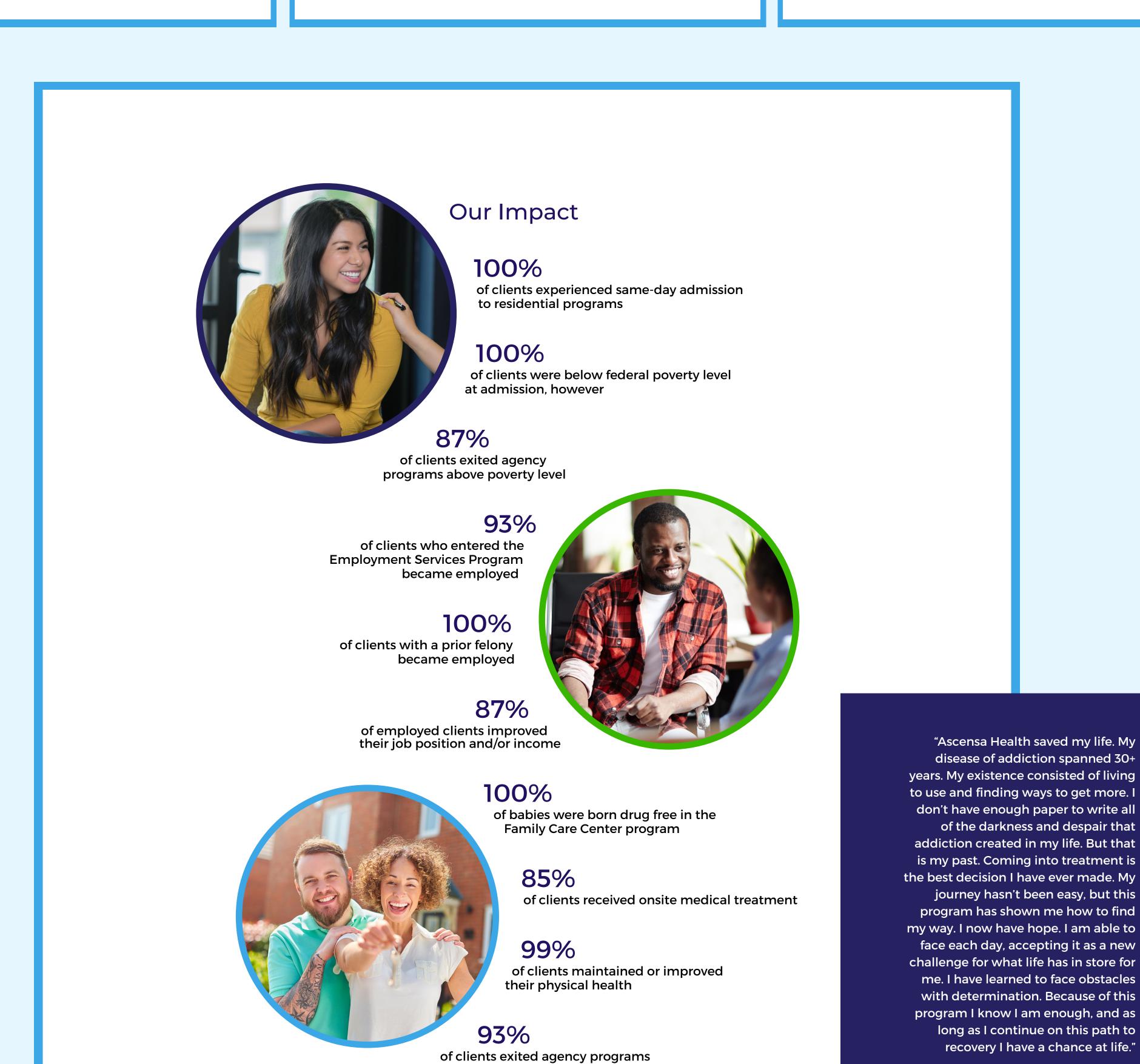
#### **RESIDENTIAL PROGRAMS**

- Medically monitored, Subacute, Residential
- Detoxification • Men's Residential Program
- Women's Residential
- Program
- Family Care Center
- Recovery Residences

## OUTPATIENT TREATMENT

- Psycho-educational Groups
- Individual and Group Therapy
- Evening Outpatient Groups Medication Assisted
- Treatment (MAT)
- 12-Step Meetings
- Family Services

  - Continuing Care



- Evelyn S.

88% of clients who were previously experiencing homelessness exited residential programs to permanent housing

# Thank You to our Donors

INDIVIDUALS CONT.

**Emmett and Lori Bradford** 

**Gail Cordial** 

Gay Colyer

to permanent housing, and

#### BUSINESSES

Accenture LLP Alliance Data Systems, Inc. Atlanta Commercial Board of Realtors Atlanta Forum Carlen R, Inc. Delta Community Credit Union Haverty's Furniture Company Henssler & Associates Melvin JH Washington DMD, LLC Morrison Healthcare Network for Good Sterling Seacrest Pritchard, Inc. Terrell Law, LLC

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Department of Behavioral Health and Developmental Disability (DBHDD) **Emergency Food and Shelter Program** Fulton County Community Services Program Fulton-DeKalb Hospital Authority (FDHA)

#### INDIVIDUALS

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Nancy Hernandez

Neal Quirk

INDIVIDUALS CONT.

Bergen County's United Way SunTrust United Way United Way Mile High United Way of Central Maryland United Way of Central Ohio United Way of Greater Atlanta United Way of Greater Milwaukee & Waukesha County United Way of Metro Chicago United Way of the Mid South **United Way Suncoast** 

UNITED WAY

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